HOW IT WORKS

- This is a place to meet others with FASD from all over the world.
- It is not a place for hookups.
- The mini-keynotes in the main conference each day are all done by teens and adults who have FASDs and are Change Makers – they are all good because this is when we get to tell researchers what we think is important. We all go to show support and that this is important to us at the teen and adult conference. Then we leave and go to our own conference rooms.
- The teen and adult conference stream is only for us – nobody else is allowed without the permission of the ALC Change Makers.
- It is a safe place to talk, learn and have fun with others with FASD and where you are just like everyone else (because you are)
- It can be scary if this is the first time you have been here because you don’t know anyone – but tons of people will feel the same way – it’s normal.
- The sessions in the teen/adult program are all ones that have been asked for by people with FASD – each year, you tell us what you want at the next conference.
- You can go to these sessions or just sit and talk to others you meet – just make sure you do it at the back of the room or in the hallways or go for coffee.
- There are guides with FASD for the teen and adult stream. They have an ORANGE RIBBON on their name tags.
- If you are feeling overwhelmed, (too many people, too much noise, stuff like that) talk to a guide or the ALC Change Makers.
- If there is an issue with another person, please go to the ALC to get them to help sort it out.
- If you don’t know where to go or need help, and cannot find a guide, go to the conference registration desk (where you picked up your information, NOT the one for registering at the hotel) and the staff will help you.
- There is a quiet room where you can sit and rest or have a coffee - no noise allowed in there.
• *If you want*, you can go to whichever sessions you want to in the *main* conference and try them out.

• You can leave sessions whenever you want; you don’t need a reason, just leave the session.

• **There is a pool and hot tub in the hotel. If you go to them, PLEASE try to keep the noise down so we do not bother other people. TBD**

• If you are a teenager here with family, please do **NOT** leave the hotel without a parent or adult family member