



FASD United
THE NATIONAL VOICE ON FETAL ALCOHOL SPECTRUM DISORDERS



Please note that this program is subject to change.

**ALC of FASD Changemakers
TEEN AND ADULT PROGRAM**

3 DAYS during the MAIN CONFERENCE

*MOVES BETWEEN MAIN CONFERENCE BALLROOM (everyone) AND
ADULT PROGRAM BALLROOM (teens and adults)*

Myles Himmelreich, CJ Lutke, Emily Hargrove, Katrina Griffin, Justin Mitchell, Anique Lutke, Maggie May, Jacob Dedman, Jessica Birch, Nury van Beers, Kim Doktor, Byron Jones, Gina Schumaker, Shannon Butt, Justin Shepherd, Tonje Hognerud

Proposed Program Order

PRE-CONFERENCE DAY (1 of total conference) Thursday, April 11th

7:00 – 8:00 PM	Meet and Greet	All ALC
702 Clearwater	<i>For teens and adults only</i>	

DAY ONE (2 of total conference) Friday, April 12th

8:30 – 10:00 AM	<i>For everyone</i>	
Regency Ballroom	Welcome and opening remarks	Original ALC: Myles, CJ, Emily, and Kat
	Nothing about us without us Mini Keynote – <i>Life as I Live It</i>	Maggie May
	Plenary: Quality of Life – Equality vs Equity What Really Matters? Life as We Live it	CJ Lutke, Kat Griffin Myles Himmelreich, Emily Hargrove Anique Lutke
10:00 – 10:30 AM	Break (coffee in program room)	

10:30 – 12:00 noon 702 Clearwater	<u>Moderator: CJ L.</u> This Is Me – Finding My Voice Panel <i>For teens and adults only</i>	CJ Weber, Rebecca Tillou, Kim Dokter, Justin Shepherd, Sean Patrick Bousquet, Shelby DeRose, Byron Jones
12:00 – 1:00 PM 702 Clearwater	Lunch (provided for those with FASD)	
1:00 – 2:30 PM 702 Clearwater	<u>Moderator: Emily H.</u> Adult Health Survey 3 Site Project (with quick review of original ALC SURVEY) <i>For teens and adults only</i>	Dr. Claire Coles, Dr. Joanne Weinberg, Emily
2:30 – 3:00 PM	Break	
3:00 – 3:10 PM Regency Ballroom	Nothing about us without us <i>For everyone</i> Mini Keynote – <i>The Health of Adults with FASD: What Can We Expect?</i>	Shannon
3:15 – 5:00 PM 702 Clearwater	<u>Moderator: Kat G.</u> Health Coach App <i>For teens and adults only</i>	Dr. Christie Petrenko, CJ, Kat, Emily Maggie

TWO (Day 3 of total conference) Saturday, April 13th

8:30 – 8:40 AM Regency Ballroom	Nothing about us without us Mini Keynote – <i>Housing – the Absence of Which is the Absence of Everything</i> <i>For everyone</i>	Justin S. for Justin M.
8:45 – 10:00 AM 702 Clearwater	<u>Moderator: Maggie M.</u> Disability is NOT a Bad Word: Coming to Terms with FASD <i>For teens and adults only</i>	Gina, Justin S, Jessica, CJ, Emily, Maggie
10:00 – 10:30 AM	Break (coffee in program room)	

10:30 – 12:00 noon 702 Clearwater	<u>Moderator: Shannon B.</u> Acceptance Commitment Therapy What the Heck is That? And Does It Help? <i>For teens and adults only</i>	Shannon, Kim, Jessica, Angela Geddes, MSW
OR		
10:30 – 12:00 noon 601 Hoh	<u>Moderator: Myles H.</u> Explaining Police Interviews What You Need to Know <i>For teens and adults only</i>	Dr. David Gilbert
12:15 – 1:30 PM	Lunch (NOT provided)	
1:30 – 3:00 PM 702 Clearwater	<u>Moderator: Shannon B. & Jessica B.</u> Always Overwhelmed? Feeling On Edge? The Problem with Sensory Stuff <i>For teens and adults only</i>	Nury, Jessica, Shannon, Anique
3:00 – 3:30 PM	Break (in program room)	
3:30 – 3:40 PM Regency Ballroom	Nothing about us without us Mini Key note – <i>Life with FASD in the Rest of the World: Don't Forget About Us – We're Here Too For everyone</i>	Nury
3:45 – 4:30 PM 702 Clearwater	<u>Moderator (men): Myles H.</u> <u>Moderator (women): Kat G and CJ L.</u> Ask Us Anything about FASD <i>For teens and adults only</i>	Women: CJ, Maggie, Gina, Kat, Emily Men: Justin, Myles Jacob
5:15 – 8:00 PM 702 Clearwater	Pizza dinner (provided) for those with FASD Rehearsal for closing; preview videos, etc. <i>For teens and adults only</i>	

DAY THREE (Day 4 of total conference) Sunday, April 14th

8:30 – 8:40 AM Regency	Nothing about us without us Mini Keynote – <i>Epigenetics in FASD: What We Want to Know; What We NEED to Know For everyone</i>	Gina
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8:40 – 9:40 AM 702 Clearwater	<u>Moderator: Gina S.</u> It's the Rest of Your Life: What You Need to Know What We Wish We Had Known!	All ALC roundtable
	8 Keys Movie from Alaska - <i>For teens and adults only</i>	
9:40 – 10:10 AM	Break in the room to continue	
10:10 – 11:40 AM 702 Clearwater	<u>Moderator: Maggie M.</u> How to Become a FASD Changemaker Coffee House discussion on advocacy and making a change <i>For teens and adults only</i>	All ALC
11:40 – 12:40 PM 702 Clearwater	Lunch (provided for those with FASD) Meet for Closing Ceremonies Preparation <i>For teens and adults only</i>	
12:40 – 12:50 PM Regency Ballroom	Nothing about us without us <u>Mini Keynote</u> – <i>The Plight for What is Right</i> <i>For everyone</i>	Jessica
12:50 – 1:50 PM Regency Ballroom	Closing Plenary in main conference <i>For everyone</i>	(All stay for this)
1:50 – 3:30 PM Regency Ballroom	<u>Master of Ceremonies: Justin S.</u> Reading of the Star Thrower and Starfish Award Presentations - 1 adult with FASD and 2 professionals chosen by ALC for their dedication and work in FASD for adults <i>NOTE: Those chosen do NOT know ahead of time.</i>	All ALC
	Closing Ceremonies with closing videos including: <i>What Does It Take to Become a FASD Changemaker?</i> Reading of the FASD Gratitude <i>All teens and adults who want to take part do so</i>	