

## FASD United's Sample Social Media Captions for FASD Awareness Month 2024

General:

- 🇺🇸 **September marks the 51<sup>st</sup> FASD Awareness Month in the #US, join me in advocating for increased education and meaningful supports for those living with this common disability. #1in20**
- 🇺🇸 It's FASD Awareness Month! 💙 Let's come together to raise awareness and learn more about FASDs. Putting in effort to understand them is the first step towards providing better support and care.
- 🇺🇸 **FASD Awareness Month 2024 is here! 🌍 Let's work together to educate our communities about Fetal Alcohol Spectrum Disorders and the importance of prevention. Every step counts towards a healthier future. #FASDisPublicHealth**
- 🇺🇸 FASD Awareness Month is here. Fetal Alcohol Spectrum Disorders are a group of diagnosable conditions resulting from prenatal alcohol exposure. They can lead to developmental, behavioral, and learning challenges. By increasing awareness, we can provide better support and improve outcomes.
- 🇺🇸 **This FASD Awareness Month, we show our support for individuals and families living with Fetal Alcohol Spectrum Disorders. FASD can bring challenges, but with empathy and awareness, we can create a more supportive space to highlight strengths.**
- 🇺🇸 This September, FASD Awareness Month reminds us of the importance of compassion and education. Fetal Alcohol Spectrum Disorders can greatly impact families and individuals, but our collective support can make a world of difference. Let's stand together in understanding.
- 🇺🇸 **Universal screening and stigma-free prevention messaging can move the FASD movement forward. Let's work together to raise awareness and provide the meaningful care and understanding that everyone deserves.**
- 🇺🇸 FASD is #Neurodiversity. Embracing neurodiversity means recognizing and celebrating the unique strengths and challenges of individuals with FASD. Join us in building a more inclusive world.
- 🇺🇸 **FASD is a spectrum disorder and requires unique understanding and support to improve outcomes for those living with them. #FASD51**

## Seat at the Table:

- ✚ **Give FASD a Seat at the Table throughout September. Remember to listen to people living with FASD and promote a more just, FASD-informed world. #FASD51 #GiveFASDaSeat**
- ✚ FASD awareness is a public health crisis. This all-too-common disability deserves advocacy and respect. Give FASD a Seat at the Table in \_\_\_\_\_.
- ✚ **Join us in our mission to Give FASD a Seat at the Table. Fetal Alcohol Spectrum Disorders need to be part of conversations on health and disability. Let's work together to raise awareness and provide the care and understanding that everyone deserves.**
- ✚ This FASD Awareness Month, let's Give FASD a Seat at the Table. FASDs impact so many, yet they are non-apparent disabilities. By raising awareness and promoting inclusion, we can help create a more FASD-informed, understanding world.
- ✚ **Give FASD a Seat at the Table this FASD Awareness Month. By acknowledging and discussing Fetal Alcohol Spectrum Disorders in unique settings, we can better understand and support individuals and families living with FASD. Your voice matters!**
- ✚ It's time to Give FASD a Seat at the Table. Fetal Alcohol Spectrum Disorders and those living with them deserve our advocacy and empathy. Join us in raising awareness and advocating for the needs of those living with FASD. Together, we can have a real impact.
- ✚ **This September let's Give FASD a Seat at the Table. Fetal Alcohol Spectrum Disorders impact many lives, yet understanding is still lacking. By including FASD in our conversations, we can foster inclusivity and real support.**
- ✚ Give FASD a seat at the table this FASD Awareness Month. FASDs can often go undiagnosed, but individuals and families living with them need our support. By talking about FASD, we can reduce stigma and provide more impactful advocacy.
- ✚ **FASD Awareness Month highlights the need for greater understanding and resources. We're giving FASD a seat at the table so that individuals living with FASD feel more adept facing challenges in learning, behavior, and executive functioning.**