



The
Real Shoes
GALA

TOGETHER AROUND THE TABLE
A BENEFIT FOR FASD UNITED

SEPTEMBER 16, 2024

THE NATIONAL PRESS CLUB

529 14th Street NW, Washington, DC



Why **Red** Shoes?



A self-advocate chose to wear red shoes to **stand out** and spark conversations about FASD.

Red shoes have since become a global symbol of FASD advocacy.

FASD United proudly recognizes and supports the estimated **1 in 20** people with FASD living in the US today.

Special Thanks to Our Sponsors

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Red Shoes Gala: Ceremony Program

6:30 PM RECEPTION & SILENT AUCTION

7:15 PM LAST CALL FOR SILENT BIDDING
Silent Auction closes at 7:30 pm.

7:30 PM DINNER, PROGRAM, LIVE AUCTION

Welcome to the Table

Jennifer Wisdahl, COO, FASD United

Live Auction

Glen Fladeboe, Fladeboe Advancement

Honoring Dr. Heather Carmichael Olson

Presented by Tom Donaldson, CEO, FASD United

Raise the Paddle to Give FASD a Seat at the Table

Glen Fladeboe, Fladeboe Advancement

Honoring Senator Angus King

Presented by Judge Susan Shepard Carlson, FASD
United Board Chair

Give FASD a Seat at the Disability Table

Dan Habib, Co-Director and Producer of *The Ride Ahead*

Closing

**8:45 PM AUCTION CHECK OUT
& FAREWELLS**

FASD:

Fetal Alcohol Spectrum Disorders (FASDs) are a group of diagnosable medical conditions that can occur in a person who was exposed to alcohol before birth.

Effects are lifelong and can include mental health conditions, learning disabilities, sensory issues, and physical manifestations such as heart defects, hearing and visual impairments, and more.

FASD Occurs Across the Lifespan.

**FASD impacts as
many as
1 in 20**

(CDC)



Individuals with FASD can experience some degree of challenge with:

- daily living
- motor skills
- physical health
- learning
- memory
- attention
- communication
- emotional regulation
- social skills

Support, early interventions, and diagnosis can help people living with FASD.

FASD

is a Spectrum



FASD isn't as simple as "100%" preventable.

Factors to consider:

- **late recognition of pregnancy**
- **drinking prior to recognition of pregnancy**
- **inadequate or inequitable access to medical care**
- **substance use disorders (SUDs)**



Each individual with FASD is unique and has areas of **BOTH strengths & challenges.**

Your support of FASD United continues our expansion of:

- **Inclusion & Visibility**
- **Understanding & Support**
- **Intervention & Diagnosis**
- **Accessibility & Accommodation**

for this non-apparent, highly prevalent disability.

Stigma and Language

Try:

- Person-First wording
- Inclusive and accessible language
- Acknowledging stigma w/o becoming stuck in it
- Highlighting strengths
- Asking the experts (people living with disabilities)

The language we use is powerful. It impacts the way people think, act, and feel and can be a tool for creating a more FASD-informed world.

Let's help pregnant people feel safer asking questions about alcohol use during pregnancy or asking for help if they are having difficulties stopping their use.

Avoid:

- **Words and terms like:**
 - **Suffering** from FASD
 - **Damaged** by FASD
 - **Innocent** victims
- Implying that people who drink while pregnant don't care about their children.





Meet FASD United



Tom Donaldson
President / CEO



Jenn Wisdahl
Chief Operating
Officer



Kathy Mitchell
Sr. VP of Prevention
& Recovery Services



Sarah Brown
Director of Program
Services



Andy Kachor
Communications
Director



Heather French
Family Navigator



Musa Kamara
Affiliate Director



Sophie Sissi
Media Director



Casidee Gonzales
Director of Special
Projects



Chris Melfi
Policy Coordinator



Emma Baldwin
Development
Associate



Kristen Eriksen
Family Navigator



Jo Votolato
Conference
Coordinator



Laura Bousquet
Family Navigator



Kathy White
Resource
Associate



Cecelia Cooper
Part-time
Accountant



Liv Gargulio
Social Media
Associate

Our Impact

FASD United proudly reports that we have been awarded the **Platinum Transparency seal**, the highest level of recognition offered by GuideStar by Candid, the world's largest source of nonprofit information.

We also have a **2024 annual report** that can be viewed using the QR code below.

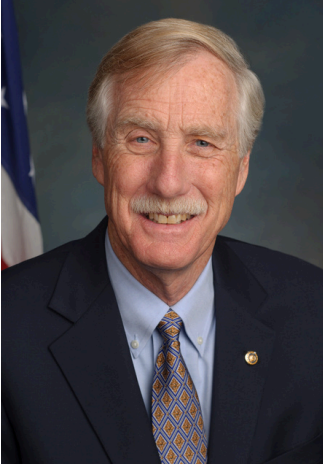
Platinum
Transparency
2024

Candid.



Honorees

THE HONORABLE ANGUS KING



United States
Senator, Maine

In 2013, Angus King was sworn in as Maine's first Independent United States Senator. Senator King works to bring Republicans and Democrats together to find common-sense solutions. Senator King is a member of the Armed Services Committee, the Select Committee on Intelligence, the Committee on Energy and Natural Resources, and the Committee on Veterans' Affairs. In his time in the Senate, Senator King has fought the national opioid epidemic and fought to improve access to health care.

DR. HEATHER CARMICHAEL OLSON



Clinical Professor
and Researcher

Dr. Olson is a psychologist who carries out research and has served as a clinician with children and families for many years. Her main interests are FASD, early childhood mental health, and interventions for children born prenatally exposed to alcohol and other drugs and their families. Her research is based at the Seattle Children's Research Institute. A research focus has been the Families Moving Forward (FMF) Program, a family-focused FASD intervention.

Special Guest

DAN HABIB



Co-Director,
Producer, Father

Dan Habib, a filmmaker and disability rights advocate, is celebrated for his documentaries that challenge societal perceptions of disability. His latest film, *The Ride Ahead*, co-directed with his son Samuel Habib, will premier later this year. Habib is part of The New York Times Op-Docs series and has won a News & Documentary Emmy Award in 2023 for his short documentary *My Disability Roadmap*.

SAMUEL HABIB



Co-Director,
Producer, Star,
Self-Advocate

Samuel Habib could not be here tonight. Samuel co-directed *The Ride Ahead*, as well as Emmy Award-winning *My Disability Roadmap*, a 2022 New York Times Op-Doc. The film was a Critics Choice nominee and featured at prominent festivals. Samuel is a community college student and works at the Westchester Institute for Human Development. He also works as a disability consultant and national presenter. Samuel experiences GNAO1 Neurodevelopmental Disorder, a rare genetic disorder that caused his cerebral palsy, epilepsy and speech challenges.

Programs



Family Navigator

The Family Navigator program is the only resource in the US where individuals, families, and professionals can call to find local resources. Navigators provide personalized one-on-one emotional support, referrals to vetted resources and services, and assistance with medical, educational, and disability benefits.

The Policy and Training Center works to achieve public policy outcomes on behalf of individuals living with FASD and to train stakeholders to participate effectively in the pursuit of policy objectives.



Policy & Training Center



Media and Communications Hub

The nation's leading hub for resources and information on FASD and the risks of alcohol and pregnancy, including a national resource directory, the Weekly Roundup email newsletter, print and digital educational materials, social media channels, and hundreds of videos featuring people living with FASD.

The Stars for Starla Youth recognition program allows the trusted adults in the lives of youth with FASD to nominate them for an award based on their unique strengths, challenges, or achievements.



Celebrating the Strengths & Talents of Youth with FASD
A Program of FASD United

Programs



Affiliate Network

The FASD United Affiliate Network is a group of 40 independent organizations united to further FASD awareness, provide support, and improve the quality of life for those affected by prenatal alcohol exposure.

The Circle of Hope (RMA) is a peer mentorship support network of people who have consumed alcohol or drugs during pregnancy and may have a child with FASD. This includes Recovering Mothers Anonymous, a 12-step virtual support group, and the "Stamp Out Stigma" public awareness campaign.



Recovering Mothers Anonymous



Justice Center

The FASD United Justice Center addresses issues surrounding Fetal Alcohol Spectrum Disorders (FASDs) and the justice system and includes meetings of the FASD Justice Task Force.



The FASD Respect Act

S. 1800 and H.R. 3946



Re-introduced during
the 2023-2024 118th
Congressional Session.



51 House co-sponsors

12 Senate co-sponsors

BI-PARTISAN legislation

Enactment of FASD provisions will usher in an era of greater focus, support and education on FASD and the risks of prenatal substance exposure.

This legislation is sponsored in the Senate by Senator Lisa Murkowski (R-Alaska) and Senator Amy Klobuchar (D-Minnesota) and in the House of Representatives by Representative Don Bacon (R-Nebraska) and Representative Betty McCollum (D-Minnesota).

To promote this legislation, FASD United has supported thousands of caregivers and advocates meeting with Senate and House members.

Partnerships

Through a longstanding partnership with the **Centers for Disease Control and Prevention (CDC)**, FASD United connects families with resources and engages communities through the Family Navigator, Affiliate Network, Weekly Roundup, and many other innovative activities serving the FASD Community.

Through an award from the **Henry M. Jackson Foundation for the Advancement of Military Medicine**, FASD United continues its partnership with the Center for Health Services Research at the Uniformed Services University of the Health Sciences on the FASD Prevention and Clinical Guidelines Research initiative to investigate the impact of FASD in the Military Health System and develop and deploy an FASD hub-and-spoke clinical model serving military families.

FASD United disseminates scientific findings, helps recruit research participants, and promotes real-world practice change as a member of the Collaborative Initiative on Fetal Alcohol Spectrum Disorders, the world's leading research consortium funded by the National Institute on Alcohol Abuse and Alcoholism and directed by the San Diego State University Research Foundation.

FASD United is grateful to our funders for their support and dedication to our tried and true programming and our innovative initiatives.

Live Auction

A WEEK OF BASKING AND FUN IN BLUE MOUNTAIN BEACH

Donated by Elizabeth Barlet and Donald Bauer

1-Week Stay in the Florida Panhandle, This beautiful Florida panhandle condo is located in Redfish Village on 30A in Blue Mountain Beach, Florida, bordering Big Redfish Lake and just one block from the Gulf of Mexico.

Blue Mountain Beach is known worldwide for its pristine emerald-green water and sugar sand beaches.

Step out onto your third-floor balcony to enjoy the fantastic sunrise view. The complex has 2 heated pools, ample deck space for sunbathing and gathering. A kid's play area is nearby.

Includes:

- 1-Week Stay in the Florida Panhandle
- 3-bed, 3-bath condo sleeps 10, with 1 king bed, 2 queen beds, and 4 bunks (sleeps ten).

SAVE A SEAT AT THE INTERNATIONAL FASD RESEARCH CONFERENCE

Donated by FASD United and Jennifer and Daryl Wisdahl

Win a registration for the 2025 International FASD Research Conference!

The free registration includes a stay at a private studio just around the corner from the Hyatt conference location.

Historically known as a popular resort among the celebrities, WorldMark Seattle - The Camlin has a long and distinguished history within Seattle's Emerald City.

Includes:

- Registration for one to 9th Annual International FASD Research Conference, March 20-23rd, 2025
- WorldMark The Camlin, Studio Courtyard Suite

Live Auction

BEAUTIFUL FLORIDA CONDO STAY

The ultimate five-star beach vacation in glamorous Naples, Florida awaits you.

At the intersection of Naples' world-renowned Fifth Avenue South and Fifth Street South, boutique condo "Five on Five" is four blocks to the pure white sands and glorious sunsets of the Gulf of Mexico. Your private, top-floor enclave is in the heart of Naples shops, restaurants, and galleries. You will be just steps away from a range of live theater and music venues including the Naples Players, Artis Naples, and The Gulfshore Playhouse.

Just under 2,600 square feet plus walk-out balconies with views of Naples' palm trees. Newly decorated with contemporary art featured in fine Florida galleries, and furnishings from Roche-Bobois.

Includes:

- 7 - nights' stay
- 2 en-suite bedrooms with walk-out doors to balconies, and an office with queen-sized pull-out sofa. Sleeps 6.
- 2.5 bathrooms.
- Fully equipped gourmet kitchen.
- \$200 gift card for a celebratory dinner at your choice of acclaimed Cameron Mitchell restaurant group's Ocean Prime or Del Mar — or be among the first to try Prime Social — all just steps away.
- Amenities include Sonos sound system; home office with high-speed wifi; convenient access to town park and tennis courts.

Live Auction

3-NIGHT STAY FOR 2 IN PANAMA

Flights Included, Donated by Copa Airlines

Travel to and Explore Beautiful Panama, Elegantly Restored Old City, Panama Canal and beyond.

Explore Panama's vibrant, amazing sights ranging from modern skyscrapers, to the colonial Casco Antiguo, to the 1500s archeological ruins, to gorgeous resorts.

Stay 3-Nights in a luxury suite in downtown Panama City.

Save some time to visit the Cathedral and Panama Canal Museum on the Plaza Major and the colorful BioMuseo designed by world-renowned architect, Frank Gehry that vibrantly displays the creation and changes in flora, fauna, winds, and sea currents over the millions of years since the North and South American continents merged to form the Isthmus of Panama.

Includes:

- 2 Copa Airlines Flights to Panama
- 3-Nights at an elegant Hotel in downtown Panama City

Some Blackout Dates Apply.

We hold
FASD United in our hearts
for all that they do
to empower people living
with FASD and to improve
their quality of life.



www.chugach.com



Thank you to our Gala
co-chair and FASD
United Board member,
Constance Mazelsky,
who dedicates so much
of herself to ensure
FASD is given a
seat at the table.

*This ad is sponsored by
Denise and Al Hurley*



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Humana Military is a
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Thank You for Attending!

FASD United



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