

FASD & New Mexico

FASD stands for fetal alcohol spectrum disorders, a range of disabilities caused by prenatal alcohol exposure (PAE).

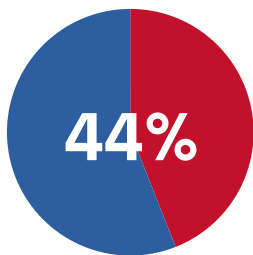
To learn more, visit FASDUnited.org

In New Mexico, 23.4% of pregnancies are exposed to alcohol.¹

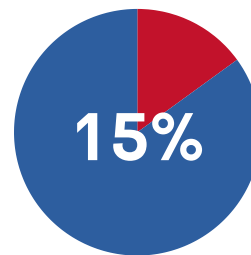
**women who reported first trimester alcohol use, including instances where they were unaware of their pregnancy*



This is **higher** than the national average of 15.2%.² Prenatal alcohol exposure can cause lifelong effects, including behavioral, learning, and physical problems, which vary in severity from mild to severe.³



of pregnancies in
NM are unintended⁴



of people in NM
binge drink⁵

Taking action to reduce binge drinking and prevent unintended pregnancy can result in improved health outcomes and reduce the rates of prenatal alcohol exposure.



1 in 20 Americans has an FASD.⁶

An estimated **106,275 people** in NM have an FASD.⁷

NM has 3 diagnostic providers/clinics for FASD.⁸

There are not currently enough diagnostic sites to meet community needs.

Despite the prevalence of FASD, resources are limited.



FASD is not named in the definition of developmental disability. It is also not a named condition for Medicaid waivers.

Although FASD is not a named condition, a person with FASD may still qualify. However, explicitly including FASD in legal definitions and statutes can help impacted people access meaningful resources more easily and accessibly.

Public health information on FASD needs to be shared.

The New Mexico Department of Health website does not include information about FASD. Sharing this information can improve awareness across communities.

Support in education is limited.

Students with FASD may qualify for an IEP under "Other Health Impairment" or "OHI." However, because FASD is not a named condition, supports and services may not accurately reflect the needs of impacted students.

Take action to support people with FASD:

Expand the FASD-informed services in your state.

Encourage the formation of a local FASD United Affiliate.
Advocate for the creation of a state advisory committee on FASD. **Scan the QR code to get involved with FASD advocacy.**



Sources

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