

Research Study Opportunity

UW's Fetal Alcohol and Drug Unit is doing a study to better understand the health issues faced by adults with Fetal Alcohol Spectrum Disorder (FASD).

We are looking for adults with a confirmed diagnosis of Fetal Alcohol Spectrum Disorder (FASD) who meet the following criteria:

- Age 35-56
- Identify as Black/African American, White, or American Indian/Alaskan Native and/or more than one race
- Able to provide documentation of their FASD diagnosis OR permit our researcher team to collect medical records related to their FASD diagnosis
- Able to come to the UW to participate in one study lasting 3.5-4 hours

What to expect:

- ***One night of hotel stay can be provided to eligible research participants traveling to Seattle to attend the FASD United 10th International Conference on Adolescents and Adults with Fetal Alcohol Spectrum Disorders.***
- A researcher will ask you a few short screening questions to determine if you are eligible.
- Provide a fasting (10-12 hours) blood sample, a urine sample, and two saliva samples (morning and evening). Saliva collection kits will be mailed for collection at home and brought into the study site.
- Complete nine surveys asking questions about your physical health, mental health, life events that may have caused stress, history of substance use, and basic information about your race, gender and ethnicity. Some surveys can be completed over the phone.
- Surveys include sensitive questions about traumatic events, and childhood physical and sexual abuse.
- You will complete two tests using a laptop looking at problem solving, planning, memory and attention.
- 3D facial photographs will be taken.
- Optional take-home stool sample kit to receive an additional \$25 Amazon gift card.
- Total time for all surveys and tests is between three and a half and four hours.
- **People who participate will be paid \$150 for their time and effort.**
- All information will be stored in a confidential manner.



Interested in participating? Please contact our Research Study Coordinator: Emmy Smith-Stewart at ts23@uw.edu or (206) 369-3771