

Weaving a Resilient Basket

Families, Communities, Providers, and Clinicians
together



COLLABORATIVE CIRCLES OF CARE

10th International Conference on Adolescents and Adults with FASD:
Integrating Research, Practice, and Policy around the World



**S.P.I.R.I.T.S. Strength-
based Prevention,
Intervention &
Resilience Informing
Teaching Strategies**

Suzie Kuerschner
FASD Consultant/Training & TA
ECE/EI/Spec. Ed Consultant
Program Developer

Phone: 503-957-0674

E-mail: suziekuerschner@gmail.com

“Traditional knowledge is best practice. Strength-based strategies serve the people rather than the systems”

Guiding Values



Families

Community

Providers

and

Clinicians

Together

Vision

Creating a nurturing nest of culturally strength-based, multigenerational strategies in which delivery, referral, and resource access are understood as collaboratively embedded elements drawing on the inherent assets of family and community practice. Growing relational reciprocity, supporting the scope of holistically delivered life course services... reflecting traditional values, and ensuring the well-being of future generations.



The whole basket is created by the weaving together of many strands ...

The consistent supportive relationship of that weave determines the strength of the basket.





Successful collaboration and coordination of systems proceed from a holistic, relational model that has... at its heart... an understanding of the values and the culture of the people being served...

...a heart that must be respectfully carried and
communicated from a strength-based perspective in
which provider engagement is understood as a
privilege informing
and shaping service delivery....



...and in which the reciprocity of cultural sharing manifests as a key informant to best practices for providers





*"Love settles within the circle... embracing it and thereby lasting forever... turning within itself."
-Luthor Standing Bear*

What is a Collaborative Circle of Care?

A system providing a model to integrate, complement and enhance an existing system that is framed by the culture and governance protocols and procedures of the people.

The Collaborative Circle of Care's primary principle rests on its strengths based foundation informed by an inventory of the natural assets and resources of the individual within the context of their extended family, community and culture.

Collaborative Circles of Care Model

❖ **Vision Statement**

To provide a collaborative consortium of social, emotional, educational and vocational services that promotes holistic, integrated and culturally congruent access to children and families

❖ **Mission Statement**

To provide these social and educational services from a multi-disciplinary, multi-agency and family context that facilitates functional use of the service menu and integrates access to and implementation of individually designed strategies for resilience and development

❖ **Values Statement**

That prevention and intervention are reciprocal and that children and families can benefit from strategies that build upon their identified strengths and facilitate easy geographic, cultural and conceptual access to services that are integrated via an inter-agency site based model

Collaborative Circles of Care Model

Memorandum of Agreement

Date: _____

Partners: _____

This document acknowledges the conceptual and functional relationship of the above identified partners for the committed purpose of client/family focused, culturally congruent collaboration, addressing comprehensive issues through strength and asset based partnerships.

Signatures _____

Collaborative Circles of Care Model
Client Coordination Service Plan Cover Sheet

Family Coordination Team Providers

Family Coordinator _____

Client _____

Family _____

Community _____

Elders _____

Spiritual Advisors _____

Natural Helpers _____

Educational Providers _____

Behavioral Health Providers _____

Medical/Physical Health Providers _____

Physicians _____

Public Health _____

Traditional _____

Other _____

Social Services _____

Justice and Correction _____

_____ Housing _____ Juvenile Services

_____ Adult and Family Services _____ Vocational/Career Development

_____ Child Protective Services

Date _____ Signature _____

Collaborative Circles of Care Model

Assets and Resources Worksheet - Client

❖ Likes:

❖ Strengths:

❖ Talents:

❖ Skills:

Collaborative Circles of Care Model

Assets and Resources Worksheet - Client

❖ Certificates:

❖ Goals:

Collaborative Circles of Care Model

Issues and Challenges

❖General:

❖Behavioral Health:

❖Physical Health

❖Education and Employment

❖Home, Family, and Relationships:

❖Recreation and Social Life:

Collaborative Circles of Care Model

Assets and Resources Worksheet - Support Systems

❖Community & Culture:

❖Service Providers:

- Physical Health
- Behavioral Health
- Education
- Justice

❖Physical Environment:

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>General</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Behavioral Health</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Physical Health</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Education and Employment</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Home and Family Relationships and Spiritual Development</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Recreation and Social Life</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

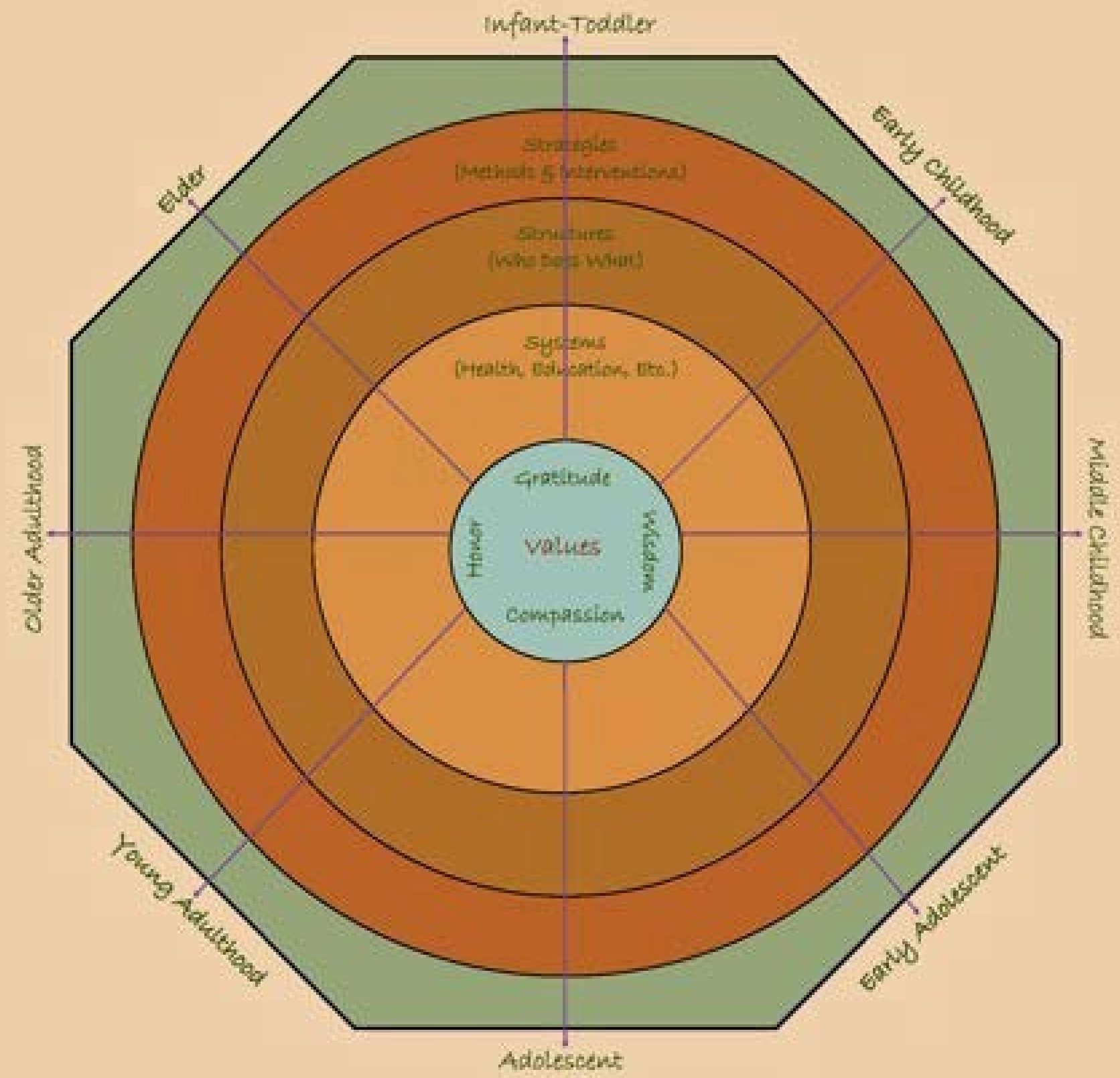
Collaborative Circles of Care Model

Coordination Service Plan

Goals: <i>Justice</i>	Activities	Persons Responsible	Projected Dates	Outcomes/Notes

Signature _____ Date _____

Holistic Life Course Logic Model for Collaborative Circles of Care





Nurturing stronger relationships
among children, families, communities,
providers, and clinicians



Journey Through the Healing Circle

Carolyn Hartness

FASD/REENTRY EDUCATOR/CONSULTANT

chartness@centurytel.net

(206) 276-2037

“Human Dignity Model”^{*} for Reentry

Welcome Home Program, Port Gamble S’Klallam Tribe
Phoenix Program, Department of Commerce

^{*}Janel McFeat, Executive Director, Phoenix Program, Department of Commerce

“Human Dignity Model”

- ▶ The goal is to move as far away as possible from a punitive kind of institutional model.
- ▶ The “Human Dignity Model”* and the restorative practices engage and implement Collaborative Circles of Care.

* Janel McFeat, Executive Director, Phoenix Program,
Department of Commerce



- ▶ Ultimately, it's the human element that has led to the program's success.
- ▶ This model is successful because we have this relationship-first policy, and everything else is secondary.
- ▶ There is a lot of dehumanizing in the corrections system, and there is a need for something that was completely different than that.
- ▶ We want to understand that person and who they are, their story, and their family, treating them as human beings and filling them with hope.

The Human Element



Port Gamble S'Klallam Reentry Documentary

[youtube.com](https://www.youtube.com)

[Port Gamble S'Klallam Re-Entry Program](#)

[Jan 19, 2018](#)



Washington State Department of Corrections and the Department of Commerce sponsored the Concerts for Hope



These events give those experiencing incarceration an opportunity to feel valued.

The events were held in Corrections facilities in Washington State.

The event allowed the audience of incarcerated people to find some calmness and reflect.



Listening Circle Feedback

- *Thinking for change
- Computer programming classes
- Higher paying jobs upon release
- *****More mental health services/trauma recovery**
- Life skills
- *Financial literacy classes
- Programming connecting to families
- Better food
- ***Better medical care**
- Community involvement while incarcerated
- CTAP, reentry starts at reception
- *****Peer mentors**
- CDL license
- Welding programs in all prisons
- A needs assessment before release
- *More navigators and fewer DOC officers
- Need coaching and motivational interaction with DOC officers, we need lifting up
- Housing
- Employment opportunities
- ****Reentry starts at reception because we all matter**
- Peer led BTC
- *Help with tech services
- Legal advocacy
- Alternative to violence project while in prison
- In prison resource guide
- Dad's program, bond with children
- No charge for phone calls
- Transfer closer to support services
- More educational opportunities
- Housing vouchers for entire year after release
- More staff that cares
- Human dignity model vs punishment model

Listening Circle/Concert Feedback

Concert Feedback

- **Inspired**
- Transported
- Translucent beauty
- Blessed
- **Moved**
- **More events like this**
- **Enlightened**
- **Grateful**
- Eric gave me hope
- **Shows the change in systems when we can have music and circles**
- Eric treats us kindly and humanely
- Able to see the light of day in a dark place
- First time ever seen the cello played, was the most beautiful thing I have ever heard. I can't wait for them to come back
- I have never heard anything like this before. I have never heard this type of music, it made me feel vulnerable. I made me want to connect with my family
- Brought me happiness
- It brought up a lot of emotions for me that I never knew I had
- **It made me feel grateful**
- **It gave me hope for my future**

The “Collaborative Circle of Care”^{*} rests on the Principles of Restorative Practice

- ▶ The restorative justice circle is an opportunity for the person who has committed a crime to make amends to the people they have harmed.
- ▶ Participants may include the victim of the crime, the person’s family members, law enforcement, a mental health counselor, a success coach, and/or community members.
- ▶ The idea behind restorative work is that we heal with compassion and support instead of the traditional punishment and put-downs.



One of the Key Aspects of these Programs is to Create a Cultural Shift within Corrections

- ▶ It's been difficult within the current political climate, with issues of racial injustice and the higher rates of incarceration of Native Americans compared to their white counterparts, but restorative justice circles have gone a long way in helping folks get on the same page.



The “Collaborative Circle of Care”^{*} Generates Interconnectedness



^{*}Suzie Kuerschner

Creating an Individualized “Individual Service Plan” - ISP

- ▶ Adaptively implementing the ISP to the “Collaborative Circle of Care model”* includes the following steps:
- ▶ We sit down with each client to begin the ISP using the Collaborative Circle of Care forms that identify the goals, strengths and talents of the individual.
- ▶ We may use multiple visits and interviews to establish this strength-based approach.



Individual Service Plan

- ▶ The Individual Service Plan (ISP) grows from the implementation of the “Collaborative Circle of Care model”*. The strengths and talents are used to inform and develop the strategies for the goals and actions and resources required for the individual to achieve success.
- ▶ The Individual Service Plan as it flows from the “Collaborative Circle of Care”* is developed to articulate the collaborative and collective decisions and agreements enhanced through this model.

*Suzie Kurschner

Individual Service Plan... "Collaborative Circle of Care"* Umbrella

The "Collaborative Circle of Care"* always seeks to be inclusive of all approaches and strategies employed by the program to support the client's growth.

Respectful attention to protocols and program procedures is important to program integrity.

- ▶ CAIS
- ▶ Listening Circle
- ▶ Wheel of Wellness
- ▶ Mental Health Assessment
- ▶ SUD Assessment

*Suzie Kurschner

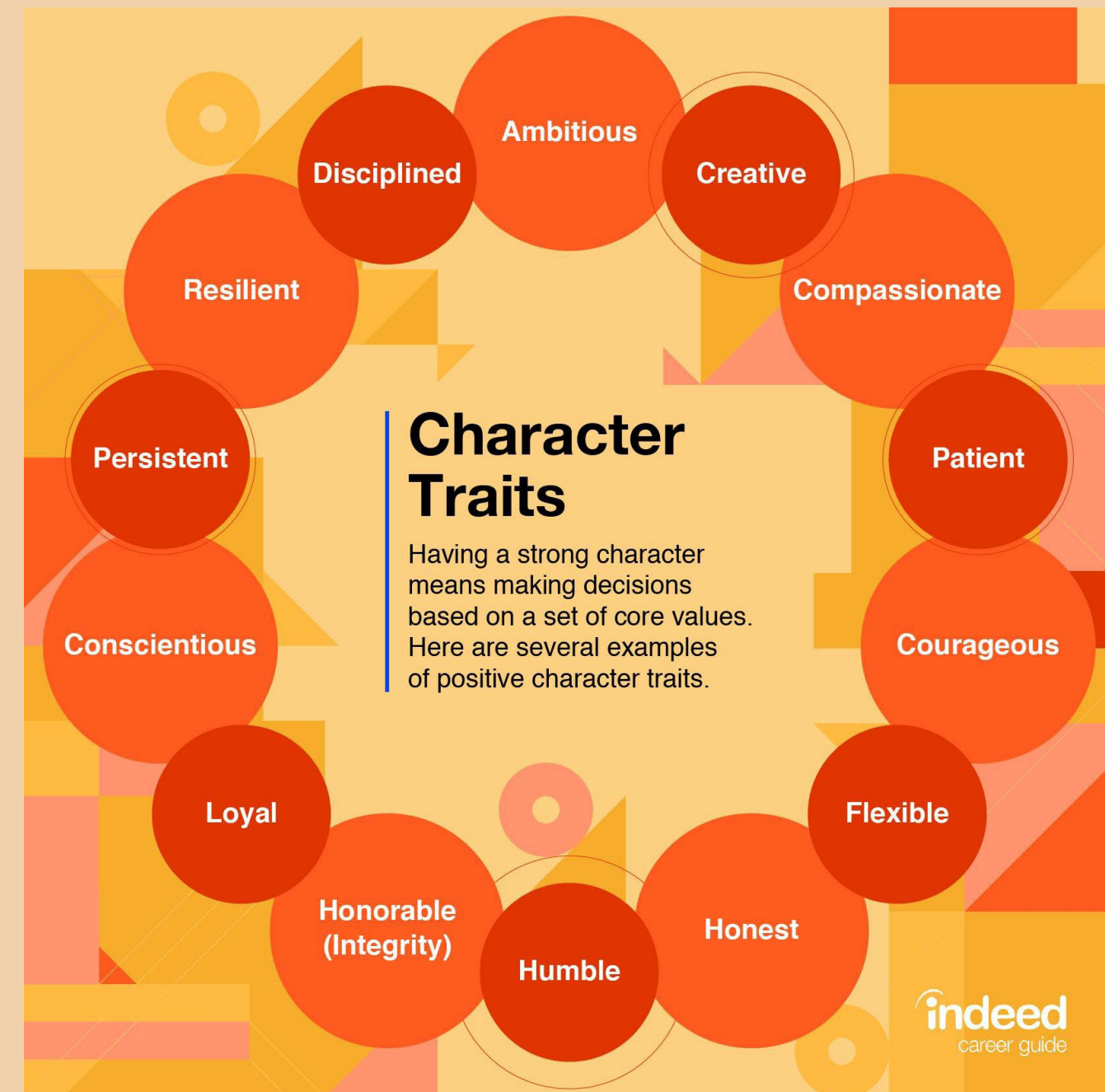
Individual Service Plan

CAIS

- Correctional Assessment and Intervention System (CAIS) is a comprehensive tool designed to assess and manage offenders, focusing on reducing recidivism and improving supervision strategies.
- Designed to provide criminal justice personnel with integrated assessment tools that identify evidence-based supervision strategies.
- It emphasizes public safety, rehabilitation, accountability, and the criminogenic needs of offenders.
- CAIS combines risk and needs assessments into a single semi-structured interview, which helps in developing individualized case plans for offenders.

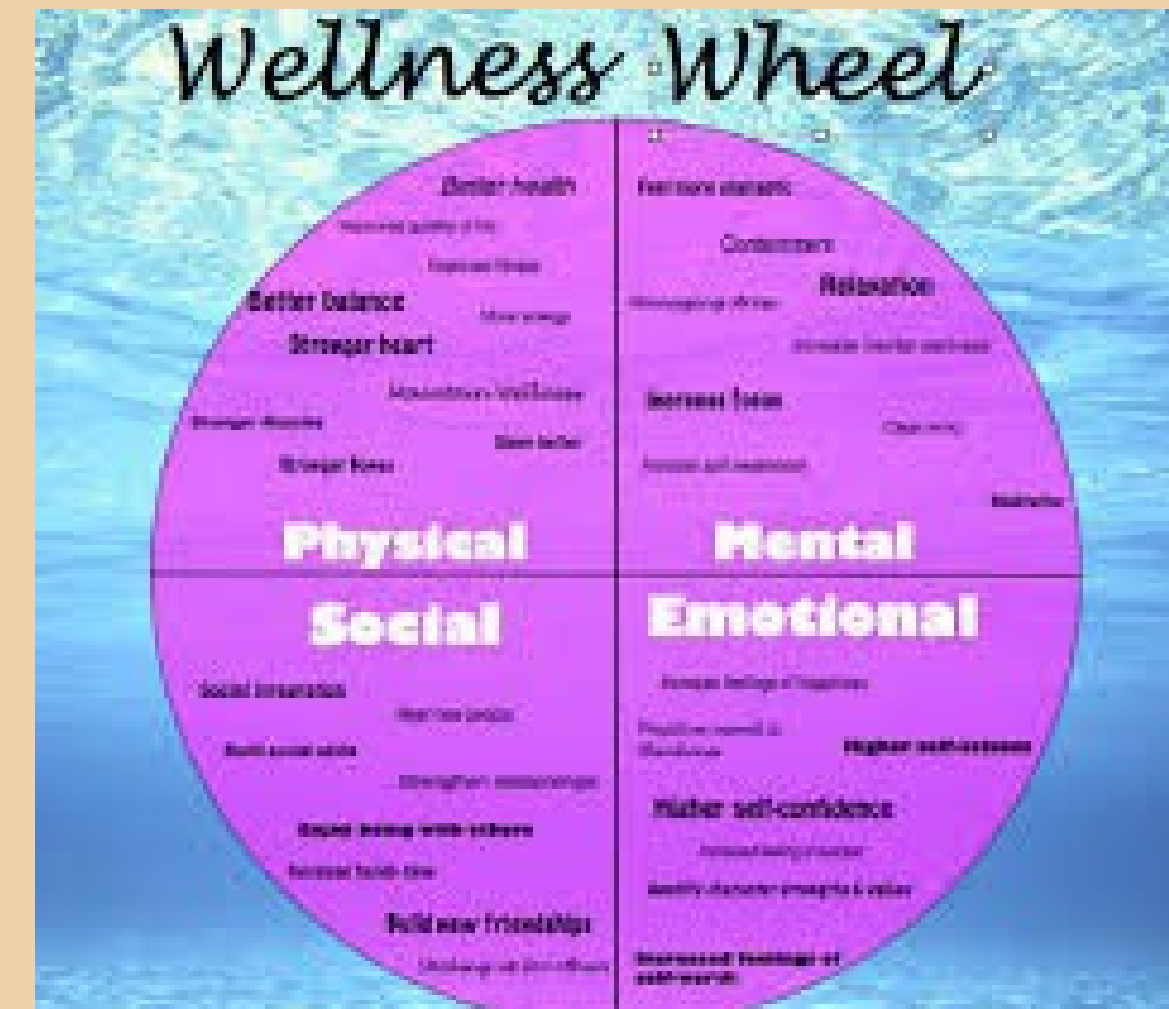
Listening Circles

- ▶ The facilitator asks each person to describe them at their best with one word.



Using the Wheel of Wellness to create and support goal setting

Wheel of Wellness



Wheel of Wellness

- ▶ The client together with their *family, and community supports* are asked to imagine themselves at their best spiritually, mentally, physically and emotionally.
- ▶ How do those “imaginings” contribute to concrete actions and steps for success.



Closing the Circle





FASD and Recidivism

Cindy Smith, Chief Judge
Suquamish Tribal Court

csmith@suquamish.nsn.us (360) 394-8524

Typical criminal court requirements

- Come to court
- Meet with an attorney
- Understand the court process
- Restorative justice
- Treatment options at the beginning of a case



Numerous requirements

- No further law violations, tribal, state, or federal
- Meet with probation weekly
- Random UA.s
- No drugs or alcohol



Numerous requirements

- Obtain a chemical dependency evaluation and follow treatment recommendations
- Review driving obligations
- Don't drive without a valid driver's license and have proof of insurance
- Don't drive under influence of alcohol or drugs
- Keep in touch with your attorney



For clients who we suspect have FASD or low cognitive abilities

- Change expectations
- Change the way things are explained
 - i.e. Stay out of trouble
 - What to do instead of what not to do
- Do one thing at a time
 - i.e. come to court
 - Drug Court – Tribal Healing to Wellness
 - specific time
 - Person had difficulty
 - got him an alarm clock



How to serve clients who we suspect have FASD or low cognitive abilities

When a goal is satisfied

- One thing at a time if possible
- Then add one additional requirement

Identify what we want to achieve next

- Define what is realistic for each individual

Know that compliance will not be perfect
Celebrate the small successes!



Challenges to Creating a Collaborative Circle of Care

Suzie Kuerschner

Identifying family and/or social supports

- Challenges to engagement

Having multiple and repeated criminal cases

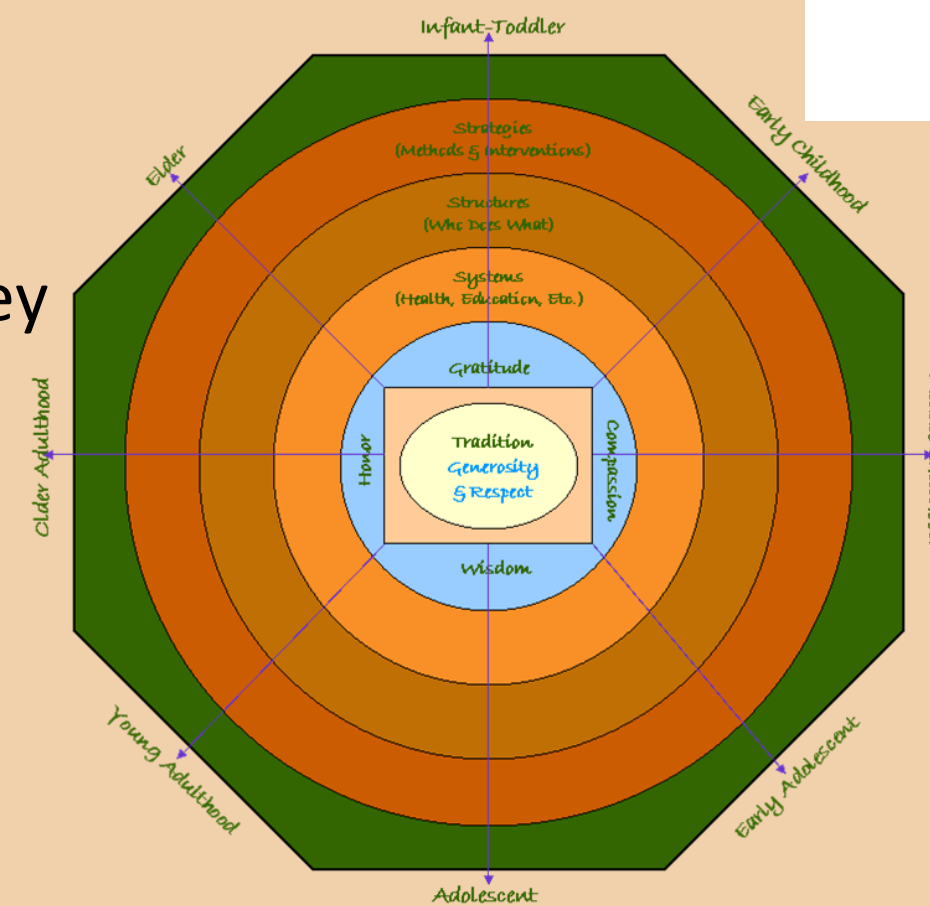
Having support for folks with FASD

- Folks don't know enough about FASD

Providing professionals to establish structure for participant

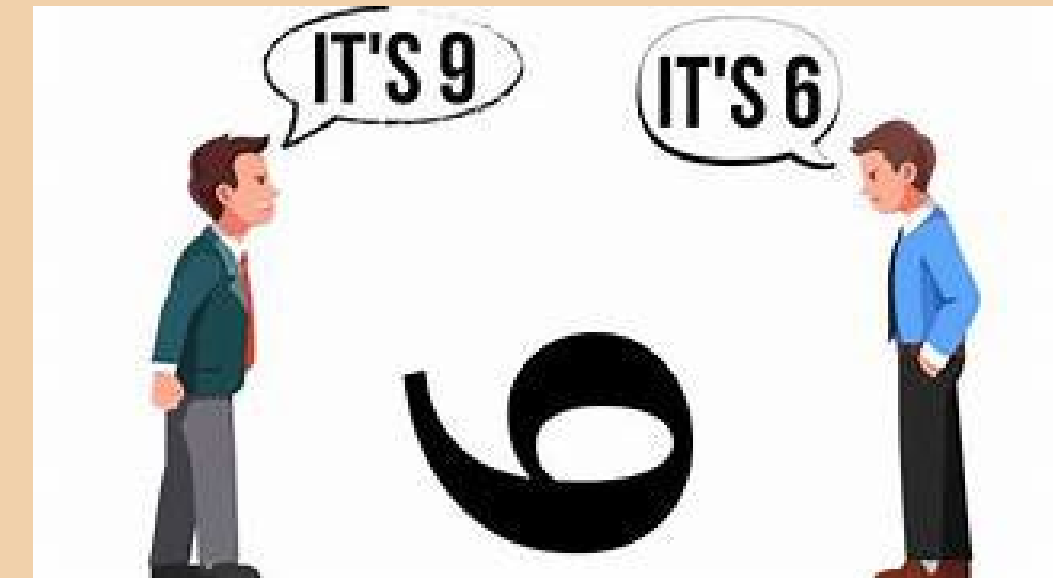
Having daily contact with multiple departments

- Human Services – obtain medication, manage money
- Treatment provider-daily drop in
- Probation – daily drop in
- Had odd jobs



Rethinking a place where everyone is looking
after everyone else

Change your perspective



Problematic
Hopelessness
No value
Willful noncompliance

Gifted/Strengths
Realistic/Proactive
Precious gifts
Inability to plan and learn from
consequences

We must create a system that supports everyone

Are we throwing people away?
Find the intrinsic value of each person
How do we do that ?



shutterstock.com · 2097932668



In summary...

Remember...

The core elements of the collaborative care strategies including:

- FASD Resolutions (CBA ABA)
 - including systems recommendations and guidance “GLADUE”
- Use CHRs, ELDERS and NATURAL HELPERS
 - to create and scaffolding for the client
- Asset mappings
 - client, community, strengths, and resources
- Increase frequency and decrease duration of contact
 - generating shorter multiple visits





Collaboration creates cooperation



Generating balance and harmony

We are so grateful for
all the courage,
compassion, and
caring with which you
are filling our
collectively resilient
baskets...

- Cindy, Carolyn, and
Suzie

