



Co-Occurring Conditions Associated with FASD

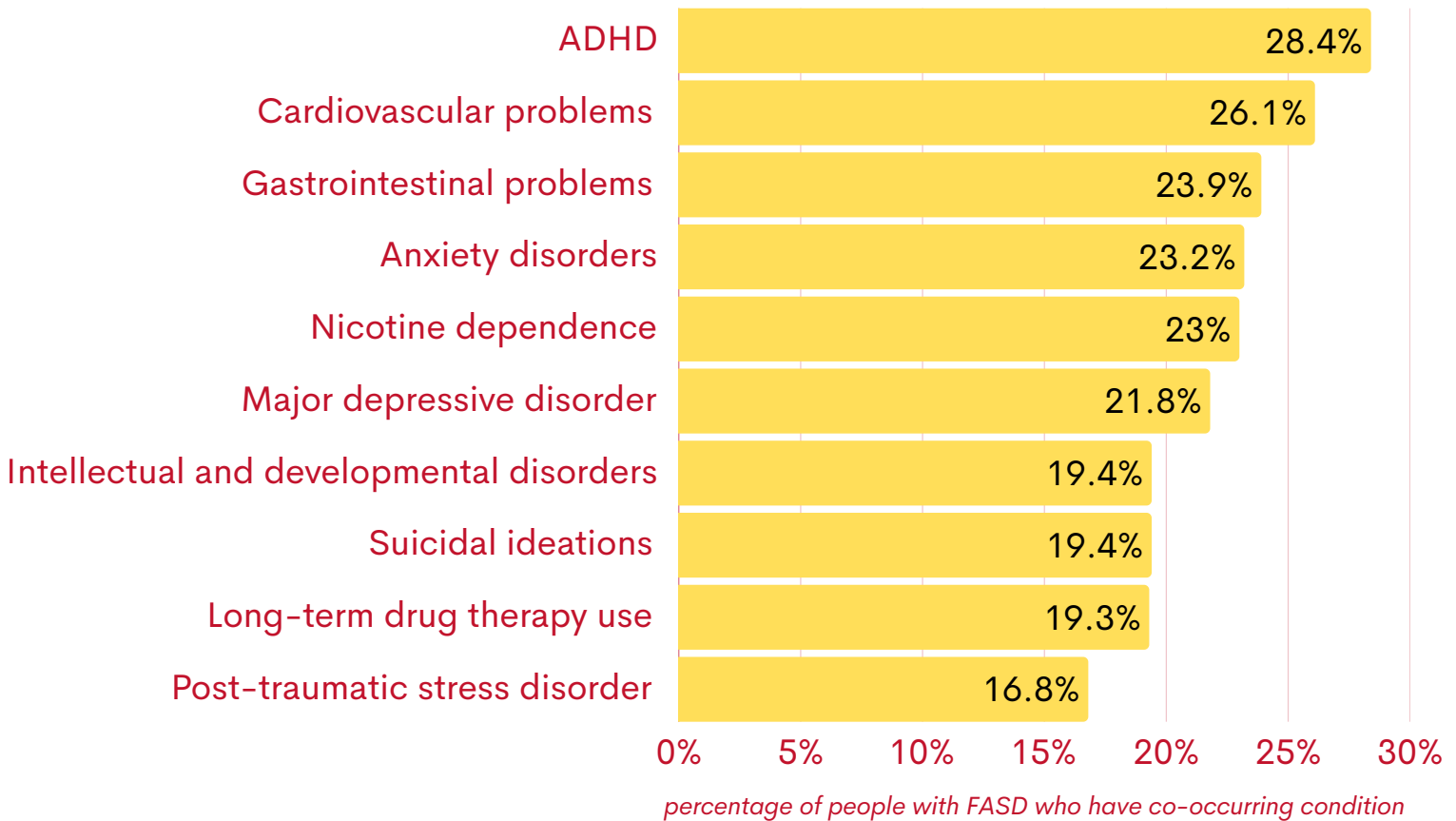
Prenatal alcohol exposure can cause a range of lifelong effects known as fetal alcohol spectrum disorders (FASD).¹ These effects may include physical concerns, sensory sensitivities, learning challenges, and behavioral issues.² Physical health issues common in adults with FASD include hearing, dentition, heart, cancer, gastritis, kidney stones, bladder, diabetes, thyroid, and seizures.³ Mental health issues, including depression, anxiety, bipolar disorder, and ADHD, are also common in people with FASD.⁴

There are 428 identified co-occurring conditions associated with FASD.⁵

Health care professionals are encouraged to consider prenatal alcohol exposure and FASD when supporting patients of all ages with any of the overlapping health conditions listed below.⁶

1 in **20** Americans may have an FASD.⁷

10 Most Common Co-Occurring Conditions⁸



Other Common Co-Occurring Conditions



Sleep disorders



Bipolar disorder



Asthma



Autism



Immune issues



Congenital heart defects (CHDs) are 5 times as common among children with FASD than those without FASD.⁹

Resources for Health Care Professionals



Learn more
about FASD



Full list of conditions
associated with FASD



American Academy
of Pediatrics (AAP)
resources on FASD

Sources:

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